

National Karate - History & Traditions Test

Instructions: Please read the National Karate History and Traditions article found on our website and then answer the following questions. In order to pass, you must get 100% correct. You will be allowed to re-take the test until you get a perfect score. This is an “open book” test – so if you get stumped on any questions, you may go back and find the answer in the article. When you are finished, hand into your instructor before the 3rd Screening.

Name: _____ NK Location: _____ Date: _____

1. What year did Korea’s first post war dojan (martial art school) open?
2. Jhoon Rhee began his training at the first post war dojan (martial arts school). What was the dojan’s name?
3. In 1955, General Choi Hong Hi helped to unify several Korean Martial Arts leaders and schools. What was the name that was adopted to name the Korean Martial Arts?
4. What year did Jhoon Rhee start teaching Tae Kwon Do in the United States?
5. Why is Jhoon Rhee known as “the Father of American Tae Kwon Do”?
6. What year did Jhoon Rhee move to Washington D. C. to open professional martial arts schools?
7. In the early days of martial arts in America, Texas became one of the most influential areas in the country and was known for its bruising style of fighting. What was the nickname that people started calling Tae Kwon Do in Texas?
8. The founders of National Karate, Mr. Worley and Mr. Carnahan began their training in Texas. What famous film star also trained in Texas?
9. Who is known as “the Father of All Karate Champions” and the “Highest Ranking American Tae Kwon Do Black Belt”?
10. What did Jhoon Rhee teach Bruce Lee?
11. What was the name of the school that first hired Mr. Worley and Mr. Carnahan to teach as full time Instructors?
12. What did Jhoon Rhee invent?
13. Which National Karate Master performed karate demonstrations with Bruce Lee?
14. What famous film star sat on the judging panel when Mr. Worley tested for Black Belt?

15. Master Carnahan was one of the first athletes to participate in this sport and is known as a “Pioneer” of this sport. What was this new sport?
16. Master Carnahan is one of the founders of the National Karate Schools. What other major martial arts organization does he hold the office of president?
17. What year did Master Worley and Master Carnahan move to Minnesota to open what would become the first National Karate School?
18. Even though National Karate teaches Tae Kwon Do, Karate, Kickboxing and other blends of martial arts – why was the term “Karate” chosen to be part of the name of National Karate?
19. National Karate is the promoter of the largest and most prestigious sport karate tournament in North America. What is the name of the tournament? How did it get its name?
20. Who was Master Nelson’s instructor?
21. What year did Master Nelson begin his martial arts training?
22. What year did National Karate expand to the Chicago area?
23. What year did National Karate expand to Wisconsin? To Colorado?
24. How many full time NK schools are there currently in the U.S.A. (Minnesota, Illinois, Colorado & Wisconsin)?
25. Over the years, the NK schools have produced some of the finest martial artists in the country. They have produced World Champions in nearly every arena of competition including professional Kickboxing and Sport Karate tournaments.

No other single martial arts school in America has produced as many world rated competitors as the National Karate Schools. **True or False**
26. Although most students do not desire to be world-class competitors, it’s nice to know that National Karate produces that type of quality student. **True or False**
27. What does earning a National Karate Black Belt mean to you? (Use the back of this paper if you need more room to write.)