



**Eye Contact: Looking people in the eye when they are talking to you,  
and also when you talk to others.**

Instructions: Parents, please help your child with this worksheet. When it is finished, return it to your instructor to earn a stripe.

**Name:** \_\_\_\_\_

Imagine, you are in school and your teacher is talking. One student is looking at the teacher in the eyes, while another student is looking out the window, at the floor and all over the room.

Homework for 4 year olds and older: (Circle the best answer.)

1. Which student is showing good eye contact?
  - a. The student who is looking the teacher in the eyes.
  - b. The student who is looking all around the room.
2. Why is it important to look people in the eyes?
  - a. to show respect to the person you are talking to.
  - b. it helps you concentrate on what they are saying.
  - c. to let the other person know you are listening.
  - d. All of the above.

Additional homework for 8 year olds and older: (Write your answer on the back.)

1. What might people think of you if you don't look them in the eye?
2. When you look someone in the eye it makes you come across as more:
  - a. Confident
  - b. Respectful
  - c. Focused
  - d. All of the above.



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