



Indomitable Spirit- a spirit that never gives up, never quits, and always keeps fighting.

Instructions: Parents, please help your child with this worksheet. When it is finished, return it to your instructor to earn a stripe.
By Master Nelson

National ☆ Karate

Name: _____

There are many famous people that you may know from our country's Revolutionary War, like George Washington, and Paul Revere. But one person that you may not know is John Paul Jones. During the Revolutionary war he served as the captain of a ship called the Bonhomme Richard in the new American Navy and was part of one of the most desperate and famous sea-fights in naval history. His story is a perfect example of the indomitable spirit, or "never give up" attitude that we strive for in the martial arts.

Jones' American ship found itself in a battle with a much larger and more heavily armed British warship. After the initial engagements Jones' ship was losing the fight with the British and was so battered by cannon fire that it looked more like a raft than a ship. As Jones' ship began to sink, the British captain yelled across to Jones asking if he would like to surrender. Jones defiantly yelled back, "I have not yet begun to fight!" Jones' fighting spirit and determination were contagious. Even though the odds of victory seemed impossible, Jones' will to win reinvigorated & encouraged his crew. They renewed the battle "with double fury" and somehow won the battle - resulting in the British captain surrendering. John Paul Jones demonstrated an **indomitable spirit** that never gives up no matter how impossible the situation may seem.

Homework for 4 year olds and older: (Circle the best answer.)

1. There will be times when you may think that getting a Black Belt is too hard or takes too long. You may be tempted to give up. What would a person with an indomitable spirit do?
 - a. Give up and quit.
 - b. Keep fighting and working until they earned a Black Belt.
2. There may be times that doing your homework for school may seem too hard or that it takes too long. What would a person with an indomitable spirit do?
 - a. Give up and quit.
 - b. Rush through the homework just to get it done. Even if it is sloppy.
 - c. Keep fighting and working until the homework is done to the best of his/her ability.

Additional homework for 8 year olds and older: (Write your answer on the back.)

3. What is a challenge that you are facing in your life (school, home, sports, health etc...) that you need to demonstrate an indomitable spirit in?



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