

South Elgin National Karate

Director: Michael Drescher
Office Manager: Cathy Drescher

Instructors:

Mandi Oie / Elijah Rojas / Reggie Wilkins
Rob Taluc / Jim Steele

1272 West Spring Street, South Elgin, IL 60177
md@nationalkarate.com
southelginnk@gmail.com
(847) 741 -6565
www.chicagonk.com



Effective 8-16-2021

ALL INSIDE CLASSES WILL BE AVAILABLE TO STUDENTS VIA ZOOM DURING THE SCHEDULED CLASS TIMES MEETING ID: 354 383 3297 PASSWORD: 1976

4-7 YR OLD	MON	TUES	WED	THURS	FRI	SAT
BEGINNERS AND GOLD	3:30 / 5:30		3:30 / 4:30			9:30 AM
GREEN AND UP	4:00 / 4:30		4:00 / 5:00			9:00 AM

REQUIREMENTS FOR INSIDE CLASSES: FULL UNIFORM, BELT, AND FACEMASK

8-12 YR OLD	MON	TUES	WED	THURS	FRI	SAT
BEGINNERS	5:00		5:30			10:00 AM
GOLD AND GREEN		4:00		6:00		10:30 AM
PURPLE AND BLUE		5:00		5:00		10:30 AM
BLUE W/ RED STRIPE				4:00	5:00	11:00 AM
RED & BROWN STRIPE				4:00	5:00	11:00 AM
BROWN - DOUBLE BLACK		6:00			4:00	11:00 AM
BLACK BELTS	6:00		6:00		6:00	
Candidate Class	7:00					

FOR ALL SOLID BELT LEVEL CLASSES. PLEASE BRING SPARRING GEAR TO EVERY CLASS.

13 & UP	MON	TUES	WED	THURS	FRI	SAT
WHITE - DOUBLE BLACK		7:00		8:00		
BLACK BELTS	8:00		7:00		6:00	

SPARRING	MON	TUES	WED	THURS	FRI	SAT
ALL LEVELS SPARRING			8:00			11:30 AM

KRAV MAGA & KICKBOXING	MON	TUES	WED	THURS	FRI	SAT
KRAV MAGA		8:00		7:00		
CARDIO KICKBOXING			*6:00		7:00	

Wednesday KB classes are located at the South Elgin Annex Building