



National Karate Schools

www.chicagonk.com

(nkstudent)

Director: Mr. Arnaldo Rosas
 Instructors: Mr. Eric Fernandez, Mr. Kai Bicbic
 Ms. Bethany Hathaway Ms. Megan Falbo & Mr. Noah Rodriguez

802 E. Nerge Rd . Roselle, IL 60172 (630) 539-9969 E-Mail: arosas444@yahoo.com



NEW
EFFECTIVE:
11/8/2021

4-7 YR OLD	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BEGINNERS		5:00		5:10		9:30 AM
GOLD STRIPE	5:10				5:30	9:30 AM
GREEN STRIPE		4:30			*5:00	9:00 AM
PURPLE & UP			4:30		*4:30	9:00 AM

Maximum of two classes per week for 4 - 7 yr olds.
 Maximum of three classes per week for Solid Belts.

*SPARRING CLASS

8-12 YR OLD	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BEGINNERS		5:30		5:40		10:00 AM
GOLD BELTS	5:40			4:30		10:00 AM
GREEN BELTS	5:40		*5:00			10:40 AM
PURPLE BELTS	4:30		*5:40			10:40 AM
BLUE BELTS	4:30		*5:40			10:40 AM
BLUE W/ RED STRIPE	4:30		*5:40			10:40 AM
RED BELTS	6:20		*5:40			11:20 AM
RED W/ BRN STRIPE	6:20		*5:40			11:20 AM
BROWN BELTS		6:10			6:00	*12:00 PM
BLACK STRIPES		6:10			6:00	*12:00 PM
DOUBLE BLACKS		6:10			6:00	*12:00 PM
10 - 14 YR OLD	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1st DEGREES			6:20		*6:40	12:40 PM
2nd & Above Degrees	7:00			*7:00		1:20 PM
ADULTS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BEGINNERS		6:50		6:20		
GOLD BELTS		6:50		6:20		
GREEN BELTS	*7:50	6:50		6:20		
PURPLE BELTS	*7:50	6:50		6:20		
BLUE BELTS	*7:50	6:50		6:20		
RED BELTS	*7:50	6:50		6:20		
BROWN BELTS	*7:50	6:50		6:20		
BLACK STRIPES	*7:50	6:50		6:20		

KRAV MAGA	KICKBOXING	KRAV MAGA
Tuesday	Wednesday	Thursday
7:40 PM	7:00 PM	7:40 PM
ADULTS		ADULTS