



# National Karate Schools

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*SPARRING CLASS							*SPARRING CLASS
4-7 YR OLD		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WHITE BELTS	4:30PM			4:30PM			9:00AM
GOLD STRIPES	5:00PM			5:00PM			9:00AM
GREEN & PURPLE STRIPES	5:30PM				4:30PM		*10:10AM
BLUE & UP STRIPES				5:30PM		4:30PM	*10:10AM
8-12 YR OLDS		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WHITE BELTS			6:30PM			5:00PM	9:30AM
GOLD BELTS			4:30PM			5:30PM	9:30AM
GREEN BELTS			4:30PM			5:30PM	*10:40AM
PURPLE BELTS					5:50PM	6:10PM	*10:40AM
BLUE BELTS					5:50PM	6:10PM	*11:20AM
BLUE W / RED STRIPES			5:10PM		5:10PM		*11:20AM
RED BELTS			5:10PM		5:10PM		*12:00PM
RED W / BROWN STRIPES			5:10PM		5:10PM		*12:00PM
BROWN BELTS			5:50PM		6:30PM		*12:40PM
BLACK STRIPES	6:00PM				7:10PM	6:50PM Candidate Class	*12:40PM
BLACK BELTS			6:00PM				*12:40PM
ADULTS 13 & up		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WHITE & GOLD BELTS	6:40PM	7:00PM				7:30PM	
GREEN & PURPLE BELTS	6:40PM		*7:20PM			7:30PM	
BLUE & RED STRIPE	6:40PM		*7:20PM			7:30PM	
RED BELTS	7:20PM		*7:20PM			7:30PM	
BROWN & BLACK STRIPES	7:20PM		*7:20PM			7:30PM	
BLACK BELTS 1ST DEGREES	8:00PM	7:40PM	6:00PM /*8:00PM				
BLACK BELTS 2nd & UP	8:00PM	8:20PM	6:00PM /*8:00PM				
*SPARRING CLASS						WEDNESDAY	FRIDAY
<a href="http://www.facebook.com/MartialArtsNKAurora">www.facebook.com/MartialArtsNKAurora</a>						6:40PM	8:10PM

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KRAV MAGA 13 & up

**App**

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